



** all prices are subject to change*

Rest and Relaxation

The R&R and R&R Plus let you immerse yourself in our serene surroundings without services.

So many of you love our Relaxation Room and have expressed an interest in simply going on in for some rest and relaxation in our special room, aka "The Womb." Perhaps spending a bit of time with us is the only way you can get away from it all...just to close your eyes and rest, take a nap or read a book. Now can with our new offering the "R&R" and the "R&R Plus".

The **R&R** includes a comfy robe, slippers, chaise lounge & blanket for \$10.

The **R&R Plus** includes a comfy robe, slippers, chaise lounge, blanket, shower and all amenities for \$15.

You are required to let us know you are coming although no long term notice is required. These options are not available on Saturdays.

Body MASSAGE & Energy WORK

Reiki A gentle rebalancing of the body's energy...non-manipulative massage by an advanced reiki practitioner will allow your body to regain its natural state of wellness.

60 Min. / \$85 70 Min. / \$95 90 Min. / \$115

Ashiatsu The therapist supports themselves with wooden bars suspended from the ceiling while applying different foot strokes along the body. Using the pressure of the therapist's feet on strategic points along the back and spine, a push-pull-pumping affect is created on the soft tissue that surrounds the muscles and inter-vertebral disc space. 60 Min. / \$90

Reflexology Pressure points on the feet are manipulated to revitalize the body and relieve it of tension.

60 Min. / \$85 70 Min. / \$95

Swedish Massage Eases sore muscles as it relieves stress and tension from the body. Promotes an overall sense of well being. 60 Min. / \$85 70 Min. / \$95 90 Min. / \$115

Deep Tissue Massage An intense massage therapy that alleviates stress, tension and pain from the body.

60 Min. / \$110 70 Min. / \$120 90 Min. / \$145

Warm Stone Massage Increases your energy level and leaves you feeling rested & rejuvenated. Warm stones are placed on select chakra points to relieve tense muscles, sore joints, stressed emotions and a weary spirit.

60 Min. / \$105 70 Min. / \$115 90 Min. / \$155

Four Handed Massage Experience the ultimate in luxury and relaxation. A four handed massage soothing body, mind and spirit.

60 Min. / \$170 70 Min. / \$180 90 Min. / \$230

Prenatal Massage A full body massage that accommodates the health, circulation and well being of expectant mothers. *(Please confer with your doctor prior to booking an appointment. Not recommended for women in their 1st trimester.)*

60 Min. / \$90 70 Min. / \$100 90 Min. / \$120

Couples Massage Experience the benefits of a Swedish or Deep Tissue Massage while sharing the experience with a friend or loved one in our exclusive couples room.

Swedish (per couple)

60 Min. / \$170 70 Min. / \$190 90 Min. / \$230



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Body MASSAGE & Energy WORK CONTINUED

Deep Tissue (per couple)

60 Min. / \$220

70 Min. / \$240

90 Min. / \$290

Swedish & Deep Tissue (per couple)

60 Min. / \$195

70 Min. / \$215

90 Min. / \$260

Massage Add-ons

Foot Massage 10 Min. / \$10

Reflexology 10 Min. / \$10

Body WET ROOM TREATMENT

Full Body Polish

Completely customized to either rejuvenate or detoxify, this therapy polishes skin to a soft glow while providing critical hydration and the nourishment skin needs. Mineral rich Dead Sea Salts exfoliate while skin-smoothing Organic Omega 3 Complex, natural oils and extracts help stimulate the senses while cleansing and conditioning your body.

30 Minutes / \$65 60 Minutes / \$105

Total Skin Fitness Treatment

An intense wrap therapy dedicated to feeding your skin with the nourishment it craves. A unique blend of Organic Omega 3 Complex, lactic acid and anti-aging protein peptides act as maximum exfoliators, rejuvenators, and firming agents while stimulating blood circulation to promote healthier skin. Customized essential oil blends in a nourishing body massage medium offer aromatherapeutic benefits, while smoothing and providing antioxidant protection.

60 Minutes w/o Peel / \$125

90 Minutes / \$225

w/ Advanced Anti-Aging Peel Therapy

Body Vita-Foliation Therapy

Give your body the customized exfoliation it needs coupled with the warming sensation it craves! A gentle bamboo, walnut, and flax powder blend activates with lactic and salicylic acids to create a gentle yet effective exfoliant that whisks away dead skin cells, brightens skin and helps reduce the appearance of sun spots and hyper-pigmentation. Skin is smoother and prepped for maximum absorption of rich, smoothing botanical oils, powerful anti-oxidants and protein peptides. You'll leave this therapy with silky, healthier skin.

60 Minutes / \$105

Dead Sea Mud Experience

Performed in our signature wet room. Your body is exfoliated with a full body dry brush to ensure optimal absorption of dead sea minerals. A rich mud mask is applied to your body, and while cocooned, you receive a pressure point scalp and foot massage. Rinse away the mud under the waters of our Vichy Shower. 60 Minutes / \$130

Firming & Slimming Body Wrap

Performed in our signature wet room, this treatment is both luxurious and therapeutic. A crème based mud with rich concentrations of algae, minerals and vitamins will firm, smooth and remineralize skin as it detoxifies your body.

60 Minutes / \$130

To prevent sensitivity, we suggest no shaving or waxing prior to services.



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Body DRY ROOM TREATMENT

Herbology

Smooth, sooth, soften and retexturize your skin with this dry room body treatment. Warm citrus fruit oil is gently massaged over your body, plant extracts containing natural alpha hydroxy acids are then sprinkled onto the skin, a light mist will hydrate the skin and aid in absorption of essential oils & herbs...While cocooned, you will be lavished with our ultimate foot and scalp massage.

60 Minutes / \$110

Aromatherapy Oil Wrap

Relax, calm and balance your system with this sedating body wrap. A thorough exfoliation is followed by a light massage with our warm custom blended aromatherapy oils. You'll continue to drift away with a calming head and foot massage while enveloped in a heated blanket. The essential oils will leave your skin luxuriously soft. By far, one of the most relaxing body treatments we offer.

60 Minutes / \$100

Mini Facial

This mini facial rejuvenates your skin with a deep cleansing exfoliation and remineralizing mask, leaving your skin free of impurities, polished and rehydrated.

30 Minutes / \$60

Custom Green Tea Peel

This Peel maximizes the benefits of the Signature Facial by combining pure green tea and wheatgrass extracts with lactic acid to gently refine, smooth, and brighten the skin. The peel strength is customized to fit your skin condition and is followed with a cooling Blue Mask rich in azulene, chamomile and soothing post-peel serums. No downtime involved. Leaves your skin silky smooth and radiant.

25 Minutes / \$70

Back Glow Treatment

De-stress and detoxify your back and deep cleanse the skin of impurities with this purifying and relaxing back treatment. A deeply-cleansing Vita-Foliant scrub sloughs off dead skin cells, readying skin for the removal of toxins. Your hardest parts to reach will be cleansed, polished, hydrated and refreshed!

30 Minutes w/out peel / \$65

50 Minutes w/peel / \$95

Sunless Tanning Bronzer

Thorough body exfoliation followed by a flawless application of self tanning bronzer. Your skin will gradually begin to reveal a healthy tan.

45 Minutes / \$90

Skin

Signature Fitness Facial

This high-performance treatment utilizes botanical and aromatherapy based Sonya Dakar products. Each facial is meticulously customized to your skin's needs. Whether it is a luxurious pampering treatment or a results-oriented resurfacing treatment, this facial will be tailored to your specific skin.

60 Minutes / \$95 Add On Green Tea Peel / \$40



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Skin CONTINUED

Ultraluxe Facial

The Ultraluxe Facial is an advanced facial treatment that delivers superior results by combining cutting-edge technology and professional massage techniques that work to gently reverse the signs of aging. This unique no-steam facial, uses Nonaplex technology—a powerful special blend of nine anti-aging ingredients that form one of the most potent age-control systems available today.

60 Minutes / \$120

Skin Brightening Facial

This top of the line/Crème de la crème treatment includes a patented fusion of green tea, wheatgrass, eucalyptus, citrus and lactic acid. Combined, these ingredients provide triple level exfoliation to fade discoloration from sun damage, hormones, genetics or age spots. Face and chest are exfoliated using pumpkin enzymes then masked and drenched with deep hydration, revealing a long-lasting brilliance. No downtime, just fresh, new, younger looking skin. Recommended for all skin types.

60 Minutes / \$140

Crystal Clear Complexion

This treatment is designed to effectively target breakouts on all skin types. Whether you suffer from hormonal acne, small breakouts every so often, or considerable breakouts... THIS IS THE FACIAL FOR YOU! Using an extraction method guaranteed to purify to the bottom of every pore and effectively regulate the development of persistent acne. You and your therapist will work together on understanding and learning how to control breakouts in any form.

60 Minutes / \$95

Sinus Relief Facial

A therapeutic facial that simultaneously purifies the skin, opens the sinuses and clears the respiratory system. Gentle lymphatic drainage massage techniques are performed to release fluids trapped in the skin tissues.

60 Minutes / \$105

Gentlemen's Facial

A deep cleansing facial designed for the special needs of men. Designed to cleanse, sooth razor burn and sensitivity and rejuvenate. This tranquil facial includes massage of the face, neck, shoulders and scalp.

60 Minutes / \$95

Teen Facial

This customized treatment cleanses, detoxifies, exfoliates and hydrates teen skin.

45 Minutes / \$80

Pure Indulgence

A luxurious, indulgent facial that combines all you love about The Spa of Essex Facial. Combined with a languid facial and foot massage and a re-texturizing hand treatment using fragrant citrus oils and herbs, you are left soft, smooth and glowing from head to toe. Hands, and feet down, a most wonderful experience!

90 Minutes / \$150

Skin Fitness for the Décolleté

Don't stop at the neckline! Improve the health and appearance of your décolleté with this treatment that's great for prematurely-aging, sun damaged or slackening skin. Help repair damage brought on by long-term or recent exposure to the elements with intensely hydrating and nourishing ingredients.

30 Minutes w/out peel / \$30

50 Minutes w/peel / \$50



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Facial Enhancements

Hand and Arm Facial

An add-on to any facial with no added time. This customized treatment is designed to cleanse, exfoliate, hydrate and condition the hands and arms so they are smoother, brighter, healthier and refreshed. This add on treatment option is fantastic for those suffering with age spots, pigmentation, or even “chicken” skin on their arms (keratosis pilaris). This is also fantastic for increasing circulation in the upper arm area, specifically the dreaded triceps area leaving the skin smoother and firmer.

w/out peel / \$25

w/peel / \$45

ADD - ONS

Lip Treatment *(as an add-on to any facial)* \$20

Eye Zone Treatment *(as an add-on to any facial)* \$20

STAND ALONE SERVICES

Eyebrow Tinting 15 Minutes / \$20

Eyelash Tinting 30 Minutes / \$35

Brow & Lash Tinting 30 Minutes / \$50

Ultraluxe Intensive Lifting and Plumping Neck and Decollette Treatment

Add on to Facial \$40

Neck & Decollete Stand Alone \$45

Ultraluxe Intensive spot removing Hand Treatment

Add on to Facial \$20

Stand Alone \$30

These results-oriented, intensive treatments will rejuvenate hands, neck and decolette areas by professionally helping to alleviate and diminish fine lines, wrinkles, spots and discoloration. Both are wonderful as an add-on or as a stand-alone treatment.

Makeup

Makeup Application \$55

Makeup Lesson \$80

Teen Makeup Application \$45

Teen Makeup Lesson \$60

Bridal Makeup Trial \$55

Bridal Makeup \$75

On Site Bridal Party Makeup

Additional \$50 per Makeup artist plus an automatic gratuity of 20%



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Feet and Hands

These cutting edge therapies deliver true anti-aging results. Begin with a hydroxy-acid cocktail followed by a rejuvenating mineral polish rich in exotic oils. Next, a second level of vita-foliation designed to brighten and tone the skin is applied. The third level of exfoliation is a poly-hydroxide peel designed to encourage cell renewal while toning and firming the skin. Finish with skin nourishing oils and hydrators rich in anti-oxidants that will leave your hands and feet completely rejuvenated.

Ultimate Anti-Aging Foot Therapy

60 Minutes / \$75

Ultimate Anti-Aging Hand Therapy

50 Minutes / \$55

Our Spa nail treatments offer both luxury and results. By utilizing papain, omega 3 complex, protein peptides and stimulating cypress, these treatments will smooth, tone and brighten the skin while a double exfoliation ensures a perfectly polished finish.

Spa Pedicure 60 Minutes / \$70

Spa Manicure 45 Minutes / \$50

Our Classic nail treatments will renew not only your feet and hands but your soul. A simple yet timeless approach to beauty is through elegantly tended fingers and toes.

Classic Pedicure

45 Minutes / \$45

Classic Manicure

30 Minutes / \$22

Open toed shoes are strongly recommended for the trip home for all those receiving foot therapies and pedicures, we also suggest no shaving or waxing prior to services to prevent sensitivity.

Nail Add on's

French Polish Fingers / \$5

French Polish Toes / \$7

Polish Change

Fingers / \$12

Toes / \$15

Paraffin

Hands / \$10

Feet / \$15

Waxing

Brow Shaping	\$15	Bikini	\$27 & up	Half Arm	\$25
Brow Tweezing	\$25 & up	Brazilian Bikini	\$65 & up	Chest	\$40
Lip	\$12	Full Leg	\$60	Back	\$52
Chin or Cheek	\$12	Full Leg w/ Bikini	\$80 & up	Shoulders	\$27
Entire Face	\$35	Full Leg w/Brazilian	\$110 & up	Feet & Toes	\$12
Back of Neck	\$25	Half Leg	\$40	Stomach Line	\$20 & up
Underarm	\$20	Full Arm	\$40	Manzillians by Kathy	\$80 & up



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Experiences, Packages AND Dayaways

Mother- to- Be

An experience that encourages the overall well being of an expectant mother. A Prenatal Massage to relax a body working overtime, a Signature Fitness Facial to revive your complexion, a Spa Pedicure to soothe those tired feet and our Spa Manicure.

3 Hours / \$305

The Beauty Express

Performed on our "Grand Versaille" – All- in- one spa table, the Beauty Express allows you to experience the pleasure and luxury of a Signature Fitness Facial, Classic Pedicure and Classic Manicure simultaneously.

*1 Hour / \$162 *Available Weekdays Only*

Teen Spa Sampler

30 Minute Body Polish, 30 minute Upper Body Swedish Massage, Teen Facial, Classic Pedicure.

2 Hours and 30 Minutes / \$245

Teen's Choice Face First

Sculpt your brow, improve your skin with a Teen Facial and learn to accentuate the positives during a Makeup Lesson.

2 Hours / \$155

Mother and Daughter

Includes an Upper Body Massage, Mini Facial and a Classic Pedicure for two.

1 Hour and 45 Minutes / \$320

An Evening of Relaxation

Rest your weary body and mind with a 90 Minute Swedish Massage, a Signature Fitness Facial and our Spa Pedicure.

3 Hours and 30 Minutes / \$280

The Perfect Day

90 Minute Swedish Massage, the Pure Indulgence Facial and our Spa Pedicure.

4 Hours / \$335

Day of Beauty

Look and feel renewed with a Total Skin Fitness Treatment, Signature Fitness Facial, our Ultimate Anti-Aging Foot and Hand Therapies, Lunch and a Makeup Lesson.

5 Hours and 30 Minutes / \$450

The Bachelorette Party

60 Minute Swedish Massage, Signature Fitness Facial, Classic Pedicure and Classic Manicure.

3 Hours and 15 Minutes / \$247

For the Groom

90 Minute Swedish Massage, Gentlemen's Facial, Classic Pedicure and Classic Manicure.

3 Hours and 45 Minutes / \$277

Girls Just Want to Have Fun

60 Minute Swedish Massage, Signature Fitness Facial and Spa Pedicure.

3 Hours / \$250

Just for Men

60 Minute Swedish Massage, Gentlemen's Facial, Classic Pedicure and Classic Manicure.

3 Hours and 30 Minutes / \$247

Beauty Boot Camp

The Few, The Smooth, The Radiant.

A program of Customized Treatments to correct most skin concerns within 6-12 weeks.

Purchase each as a series of 5 and receive the 6th for free.

Signature Fitness Facial w/Green Tea Peel

Series Price: \$675

Custom Green Tea Peel

Series Price: \$415 (includes 1 Fitness Facial)

Total Skin Fitness Body w/Advanced Anti-Aging Peel

Series Price: \$1,125



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Couples

Couples Journey

Couple –

“Two of the same considered together.”

Journey –

“A passage or progress from one place to another.”

Take a journey, a passage for two, away from the stresses of the everyday to the peace and tranquility found within the warmth of The Spa of Essex. Performed in our couple's room, the journey has been designed for two to enjoy as one.

Begin your journey with an Aromatherapy Oil Body Wrap, a sedating wrap that leaves the skin deeply hydrated and the body and mind blissfully calmed followed by our relaxing 60 Minute Swedish massage. Then move, ever so slowly, to our nail room and enjoy pedicures side by side...little by little you'll begin to awake from your slumber, pampered and soothed from head to foot. Conclude your passage with a stay in our relaxation room; with chaise lounges big enough for two, we invite you to curl up, connect and unite with that special someone. **\$460 per couple**

Couples Pedicure

\$90

Carve out some time for each other. Seated side by side in our Pedicure throne, you will share in the experience of our Classic Pedicure while enjoying each others company.

Couples Massage

Experience the benefits of a Swedish or Deep Tissue Massage while sharing the experience with a friend or loved one in our exclusive couples room.

Swedish Massage

60 Minutes / **\$170 per couple**

70 Minutes / **\$190 per couple**

90 Minutes / **\$230 per couple**

Deep Tissue Massage

60 Minutes / **\$220 per couple**

70 Minutes / **\$240 per couple**

90 Minutes / **\$290 per couple**

Swedish/Deep Tissue (one of each type)

60 Minutes / **\$195 per couple**

70 Minutes / **\$215 per couple**

90 Minutes / **\$260 per couple**

Couples Herbology Retexturizing

Body Treatment

Smooth, sooth, soften and retexturize your skin together with this dry room body treatment. Warm citrus fruit oil is gently massaged over your body, plant extracts containing natural alpha hydroxy acids are then sprinkled onto the skin, a light mist will hydrate the skin and aid in absorption of essential oils & herbs...While cocooned, you will be lavished with our ultimate foot and scalp massage.

\$210 per couple

Couples Aromatherapy Oil Wrap

Relax, calm and balance your system side by side with this sedating body wrap. A thorough exfoliation is followed by a light massage with our warm custom blended aromatherapy oils. You'll continue to drift away with a calming head and foot massage while enveloped in a heated blanket. The essential oils will leave your skin luxuriously soft. By far, one of the most relaxing body treatments we offer.

\$190 per couple