



* all prices are subject to change

Rest and Relaxation

The R&R and R&R Plus let you immerse yourself in our serene surroundings without services.

So many of you love our Relaxation Room and have expressed an interest in simply going on in for some rest and relaxation in our special room, aka "The Womb." Perhaps spending a bit of time with us is the only way you can get away from it all...just to close your eyes and rest, take a nap or read a book. Now can with our new offering the "R&R" and the "R&R Plus".

The R&R includes a comfy robe, slippers, chaise lounge & blanket for \$15.

The R&R Plus includes a comfy robe, slippers, chaise lounge, blanket, shower and all amenities for \$20.

You are required to let us know you are coming although no long term notice is required. These options are not available on Saturdays.

Body MASSAGE & Energy WORK

Reiki A gentle rebalancing of the body's energy...non-manipulative massage by an advanced reiki practitioner will allow your body to regain its natural state of wellness.

60 Min. / \$90 70 Min. / \$100 90 Min. / \$120

Reflexology Pressure points on the feet are manipulated to revitalize the body and relieve it of tension.

60 Min. / \$90 70 Min. / \$100

Swedish Massage Eases sore muscles as it relieves stress and tension from the body. Promotes an overall sense of well being.

60 Min. / \$90 70 Min. / \$100 90 Min. / \$120

Deep Tissue Massage An intense massage therapy that alleviates stress, tension and pain from the body.

60 Min. / \$115 70 Min. / \$125 90 Min. / \$150

Warm Stone Massage Increases your energy level and leaves you feeling rested & rejuvenated. Warm stones are placed on select chakra points to relieve tense muscles, sore joints, stressed emotions and a weary spirit.

60 Min. / \$110 70 Min. / \$120 90 Min. / \$160

Four Handed Massage Experience the ultimate in luxury and relaxation. A four handed massage soothing body, mind and spirit.

60 Min. / \$180 70 Min. / \$200 90 Min. / \$240

Prenatal Massage A full body massage that accommodates the health, circulation and well being of expectant mothers. (Please confer with your doctor prior to booking an appointment. Not recommended for women in their 1st trimester.)

60 Min. / \$95 70 Min. / \$105 90 Min. / \$125

Couples Massage Experience the benefits of a Swedish or Deep Tissue Massage while sharing the experience with a friend or loved one in our exclusive couples room.

Swedish (per couple)

60 Min. / \$180 70 Min. / \$200 90 Min. / \$240

Deep Tissue (per couple)

60 Min. / \$230 70 Min. / \$245 90 Min. / \$295

Swedish & Deep Tissue (per couple)

60 Min. / \$205 70 Min. / \$225 90 Min. / \$270

Massage Add-ons

Foot Massage 10 Min. / \$15

Reflexology 10 Min. / \$15



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Body WET ROOM TREATMENT

Full Body Polish

Completely customized to either rejuvenate or detoxify, this therapy polishes skin to a soft glow while providing critical hydration and the nourishment skin needs. Mineral rich Dead Sea Salts exfoliate while skin-smoothing Organic Omega 3 Complex, natural oils and extracts help stimulate the senses while cleansing and conditioning your body.

30 Minutes / \$70 60 Minutes / \$110

Total Skin Fitness Treatment

An intense wrap therapy dedicated to feeding your skin with the nourishment it craves. A unique blend of Organic Omega 3 Complex, lactic acid and anti-aging protein peptides act as maximum exfoliators, rejuvenators, and firming agents while stimulating blood circulation to promote healthier skin. Customized essential oil blends in a nourishing body massage medium offer aromatherapeutic benefits, while smoothing and providing antioxidant protection.

60 Minutes w/o Peel / \$130

90 Minutes / \$230

w/ Advanced Anti-Aging Peel Therapy

Body Vita-Foliation Therapy

Give your body the customized exfoliation it needs coupled with the warming sensation it craves! A gentle bamboo, walnut, and flax powder blend activates with lactic and salicylic acids to create a gentle yet effective exfoliant that whisks away dead skin cells, brightens skin and helps reduce the appearance of sun spots and hyper-pigmentation. Skin is smoother and prepped for maximum absorption of rich, smoothing botanical oils, powerful anti-oxidants and protein peptides. You'll leave this therapy with silky, healthier skin.

60 Minutes / \$110

Dead Sea Mud Experience

Performed in our signature wet room. Your body is exfoliated with a full body dry brush to ensure optimal absorption of dead sea minerals. A rich mud mask is applied to your body, and while cocooned, you receive a pressure point scalp and foot massage. Rinse away the mud under the waters of our Vichy Shower.

60 Minutes / \$140

Firming & Slimming Body Wrap

Performed in our signature wet room, this treatment is both luxurious and therapeutic. A crème based mud with rich concentrations of algae, minerals and vitamins will firm, smooth and remineralize skin as it detoxifies your body.

60 Minutes / \$140

To prevent sensitivity, we suggest no shaving or waxing prior to services.



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Body DRY ROOM TREATMENT

Herbology

Smooth, sooth, soften and retexturize your skin with this dry room body treatment. Warm citrus fruit oil is gently massaged over your body, plant extracts containing natural alpha hydroxy acids are then sprinkled onto the skin, a light mist will hydrate the skin and aid in absorption of essential oils & herbs...While cocooned, you will be lavished with our ultimate foot and scalp massage. *60 Minutes / \$115*

Aromatherapy Oil Wrap

Relax, calm and balance your system with this sedating body wrap. A thorough exfoliation is followed by a light massage with our warm custom blended aromatherapy oils. You'll continue to drift away with a calming head and foot massage while enveloped in a heated blanket. The essential oils will leave your skin luxuriously soft. By far, one of the most relaxing body treatments we offer. *60 Minutes / \$105*

APPLE STEM CELL FACIAL by Sonya Dakar

This exclusive, couture anti-aging treatment facial was introduced by our "Fairy Skin Mother," Sonya Dakar this summer. It restores youth by regenerating your skin's cells. The stem cells extracted from a rare Swiss apple have remarkable self-preservation qualities and in her 35 years of treating skin, Sonya believes this is the best anti-aging treatment she has ever developed!! *\$160*

Mini Facial

This mini facial rejuvenates your skin with a deep cleansing exfoliation and remineralizing mask, leaving your skin free of impurities, polished and rehydrated. *30 Minutes / \$65*

Signature Fitness Facial

This high-performance treatment utilizes botanical and aromatherapy based Sonya Dakar products. Each facial is meticulously customized to your skin's needs. Whether it is a luxurious pampering treatment or a results-oriented resurfacing treatment, this facial will be tailored to your specific skin. *60 Minutes / \$100 Add On Green Tea Peel / \$45*

Back Glow Treatment

De-stress and detoxify your back and deep cleanse the skin of impurities with this purifying and relaxing back treatment. A deeply-cleansing Vita-Foliant scrub sloughs off dead skin cells, readying skin for the removal of toxins. Your hardest parts to reach will be cleansed, polished, hydrated and refreshed!

30 Minutes w/out peel / \$70

50 Minutes w/peel / \$100

Sunless Tanning Bronzer

Thorough body exfoliation followed by a flawless application of self tanning bronzer. Your skin will gradually begin to reveal a healthy tan. *45 Minutes / \$100*

Skin

Diamond Tip Microdermabrasion Facial

This non-invasive aesthetic treatment exfoliates dead & flaking skin cells on the surface and rejuvenates the layer underneath. Coupled with different levels of suction, microdermabrasion promotes the skin's natural cell rejuvenation process through the production of collagen and elastin, thus improving elasticity of the skin as well as diminish fine lines and wrinkles, reduce acne marks and scarring, fade hyperpigmentation and smooth dullness and uneven skin texture. *60 Minutes / \$165*

Ultraluxe Facial

The Ultraluxe Facial is an advanced facial treatment that delivers superior results by combining cutting-edge technology and professional massage techniques that work to gently reverse the signs of aging. This unique no-steam facial, uses Nonaplex technology—a powerful special blend of nine anti-aging ingredients that form one of the most potent age-control systems available today. *60 Minutes / \$125*



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Skin CONTINUED

Skin Brightening Facial

This top of the line/Crème de la crème treatment includes a patented fusion of green tea, wheatgrass, eucalyptus, citrus and lactic acid. Combined, these ingredients provide triple level exfoliation to fade discoloration from sun damage, hormones, genetics or age spots. Face and chest are exfoliated using pumpkin enzymes then masked and drenched with deep hydration, revealing a long-lasting brilliance. No downtime, just fresh, new, younger looking skin. Recommended for all skin types. *60 Minutes / \$145*

Sinus Relief Facial

A therapeutic facial that simultaneously purifies the skin, opens the sinuses and clears the respiratory system. Gentle lymphatic drainage massage techniques are performed to release fluids trapped in the skin tissues. *60 Minutes / \$110*

Teen Facial

This customized treatment cleanses, detoxifies, exfoliates and hydrates teen skin. *45 Minutes / \$85*

Crystal Clear Complexion

This treatment is designed to effectively target breakouts on all skin types. Whether you suffer from hormonal acne, small breakouts every so often, or considerable breakouts... THIS IS THE FACIAL FOR YOU! Using an extraction method guaranteed to purify to the bottom of every pore and effectively regulate the development of persistent acne. You and your therapist will work together on understanding and learning how to control breakouts in any form. *60 Minutes / \$100*

Gentlemen's Facial

A deep cleansing facial designed for the special needs of men. Designed to cleanse, sooth razor burn and sensitivity and rejuvenate. This tranquil facial includes massage of the face, neck, shoulders and scalp. *60 Minutes / \$100*

Pure Indulgence

A luxurious, indulgent facial that combines all you love about The Spa of Essex Facial. Combined with a languid facial and foot massage and a re-texturizing hand treatment using fragrant citrus oils and herbs, you are left soft, smooth and glowing from head to toe. Hands, and feet down, a most wonderful experience! *90 Minutes / \$155*

Skin Fitness for the Décolleté

Don't stop at the neckline! Improve the health and appearance of your décolleté with this treatment that's great for prematurely-aging, sun damaged or slackening skin. Help repair damage brought on by long-term or recent exposure to the elements with intensely hydrating and nourishing ingredients. *30 Minutes w/out peel / \$35*
50 Minutes w/peel / \$55

Red Light Facial

This Red Light Facial combines facial that is completely customized to meet your needs with Red light LED therapy. Red Light LED Therapy is one of the newest; most celebrated and documented treatments for aging and damaged skin. *60 Minutes / \$160*

The Blue Light Facial

This Blue Light Facial is an absolute must for those individuals with mild to moderate acne. This facial combines all the benefits of our Crystal Clear Facial with Blue light LED therapy. The blue light targets to kill the bacteria associated with acne. *60 Minutes / \$160*



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Facial Enhancements

Ultraluxe Intensive Lifting and Plumping Neck and Décolleté Treatment

<i>Add on to Facial</i>	\$45
<i>Neck & Decollete Stand Alone</i>	\$50

Ultraluxe Intensive spot removing Hand Treatment

<i>Add on to Facial</i>	\$25
<i>Stand Alone</i>	\$35

These results-oriented, intensive treatments will rejuvenate hands, neck and décolleté areas by professionally helping to alleviate and diminish fine lines, wrinkles, spots and discoloration. Both are wonderful as an add-on or as a stand-alone treatment.

Hand and Arm Facial

An add-on to any facial with no added time. This customized treatment is designed to cleanse, exfoliate, hydrate and condition the hands and arms so they are smoother, brighter, healthier and refreshed. This add on treatment option is fantastic for those suffering with age spots, pigmentation, or even “chicken” skin on their arms (keratosis pilaris). This is also fantastic for increasing circulation in the upper arm area, specifically the dreaded triceps area leaving the skin smoother and firmer.

w/out peel / \$30 w/peel / \$50

ADD - ONS

<i>Lip Treatment (as an add-on to any facial)</i>	\$20
<i>Eye Zone Treatment (as an add-on to any facial)</i>	\$20
<i>Red Light Therapy</i>	\$60
<i>Blue Light Therapy</i>	\$60

STAND ALONE SERVICES

<i>Eyebrow Tinting</i>	<i>15 Minutes / \$24</i>
<i>Eyelash Tinting</i>	<i>30 Minutes / \$35</i>
<i>Brow & Lash Tinting</i>	<i>30 Minutes / \$55</i>

Makeup

<i>Makeup Application</i>	\$55	<i>Bridal Makeup Trial</i>	\$55
<i>Makeup Lesson</i>	\$80	<i>Bridal Makeup</i>	\$75
<i>Teen Makeup Application</i>	\$45	<i>On Site Bridal Party Makeup</i>	<i>Additional \$50 per Makeup artist plus an automatic gratuity of 20%</i>
<i>Teen Makeup Lesson</i>	\$60		



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Feet and Hands

Shellac Manicure

A dry manicure using the Shellac system features a Base Coat, Color Coat and Top Coat. Together with a UV Lamp, they comprise the breakthrough in resilient color that remains flawless for two weeks and removes in 10 minutes.

45 Minutes / \$45

These cutting edge therapies deliver true anti-aging results. Begin with a hydroxy-acid cocktail followed by a rejuvenating mineral polish rich in exotic oils. Next, a second level of vita-foliation designed to brighten and tone the skin is applied. The third level of exfoliation is a poly-hydroxide peel designed to encourage cell renewal while toning and firming the skin. Finish with skin nourishing oils and hydrators rich in anti-oxidants that will leave your hands and feet completely rejuvenated.

Ultimate Anti-Aging Foot Therapy *60 Minutes / \$75*

Ultimate Anti-Aging Hand Therapy *50 Minutes / \$55*

Peppermint Pedicure

Our Peppermint Pedicure is designed to invigorate even the most tired feet! First soak, then dead skin is removed and callouses are softened by massaging peppermint scrub onto the feet and lower legs. Follow with a peppermint moisture mask to further soften and hydrate your feet and finally, your feet are enveloped in a rich peppermint butter cream that contains Shea Butter, Grape Seed Oil, Vitamins A,C, D and E for a softer silkier, smooth skin.

60 Minutes / \$70

Almond Spa Manicure

Soothe your senses with the delicate scent of sweet almond oil, conditioning jojoba oil and vitamin E. Gently polish, refine and moisturize your skin while you escape from the everyday. Soak in Almond Milk Bath, exfoliate with Almond Moisture Scrub, Masque with Almond Illuminating Masque, Finish with Almond Hydrating Lotion or Cream.

Spa Manicure

45 Minutes / \$50

Earth Spa Pedicure

Embrace the earth's warmth. Her vitamins and minerals protect and fortify. Disappear as your centers become one. Begin by soaking in Earth Mineral Bath, a calming, effervescent mineral soak for cleansing and deodorizing feet. Then Earth Warming Scrub; warming, raw sugar A.H.A. foot scrub that exfoliates, polishes, smooths and refines. Earth Moisture Mask A protective, volcanic clay foot masque fortified with hydrating vitamins and minerals to deep-condition skin. Earth Hydrating lotion, a soothing moisturizer, rich in vitamins and minerals, is applied to shield the skin with a satin finish.

Spa Pedicure

60 Minutes / \$70

Our Classic nail treatments will renew not only your feet and hands but your soul. A simple yet timeless approach to beauty is through elegantly tended fingers and toes.

Classic Pedicure

45 Minutes / \$45

Classic Manicure

30 Minutes / \$22

Open toed shoes are strongly recommended for the trip home for all those receiving foot therapies and pedicures, we also suggest no shaving or waxing prior to services to prevent sensitivity.

Nail Add on's

French Polish Fingers / \$5

French Polish Toes / \$7

Polish Change

Fingers / \$12

Toes / \$15

Paraffin

Hands / \$10

Feet / \$15



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Waxing

<i>Brow Shaping</i>	\$16	<i>Bikini</i>	\$28 & up	<i>Half Arm</i>	\$30
<i>Brow Tweezing</i>	\$25 & up	<i>Brazilian Bikini</i>	\$75 & up	<i>Chest</i>	\$45
<i>Lip</i>	\$13	<i>Full Leg</i>	\$65	<i>Back</i>	\$52
<i>Chin or Cheek</i>	\$13	<i>Full Leg w/ Bikini</i>	\$90 & up	<i>Shoulders</i>	\$27
<i>Entire Face</i>	\$35	<i>Full Leg w/Brazilian</i>	\$130 & up	<i>Feet & Toes</i>	\$12
<i>Back of Neck</i>	\$25	<i>Half Leg</i>	\$45	<i>Stomach Line</i>	\$20 & up
<i>Underarm</i>	\$25	<i>Full Arm</i>	\$45	<i>Manzillians by Kathy</i>	\$90 & up



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Experiences, Packages AND Dayaways

Mother- to-Be

An experience that encourages the overall well being of an expectant mother. A Prenatal Massage to relax a body working overtime, a Signature Fitness Facial to revive your complexion, a Spa Pedicure to soothe those tired feet and our Spa Manicure.

3 Hours / \$315

The Beauty Express

Performed on our "Grand Versaille" – All- in- one spa table, the Beauty Express allows you to experience the pleasure and luxury of a Signature Fitness Facial, Classic Pedicure and Classic Manicure simultaneously.

1 Hour / \$167 *Available Weekdays Only

Teen Spa Sampler

30 Minute Body Polish, 30 minute Upper Body Swedish Massage, Teen Facial, Classic Pedicure.

2 Hours and 30 Minutes / \$260

Teen's Choice Face First

Sculpt your brow, improve your skin with a Teen Facial and learn to accentuate the positives during a Makeup Lesson.

2 Hours / \$161

Mother and Daughter

Includes an Upper Body Massage, Mini Facial and a Classic Pedicure for two.

1 Hour and 45 Minutes / \$340

An Evening of Relaxation

Rest your weary body and mind with a 90 Minute Swedish Massage, a Signature Fitness Facial and our Spa Pedicure.

3 Hours and 30 Minutes / \$290

The Perfect Day

90 Minute Swedish Massage, the Pure Indulgence Facial and our Spa Pedicure.

4 Hours / \$345

Day of Beauty

Look and feel renewed with a Total Skin Fitness Treatment, Signature Fitness Facial, our Ultimate Anti-Aging Foot and Hand Therapies, Lunch and a Makeup Lesson.

5 Hours and 30 Minutes / \$460

The Bachelorette Party

60 Minute Swedish Massage, Signature Fitness Facial, Classic Pedicure and Classic Manicure.

3 Hours and 15 Minutes / \$257

For the Groom

90 Minute Swedish Massage, Gentlemen's Facial, Classic Pedicure and Classic Manicure.

3 Hours and 45 Minutes / \$287

Girls Just Want to Have Fun

60 Minute Swedish Massage, Signature Fitness Facial and Spa Pedicure.

3 Hours / \$260

Just for Men

60 Minute Swedish Massage, Gentlemen's Facial, Classic Pedicure and Classic Manicure.

3 Hours and 30 Minutes / \$257

Beauty Boot Camp

The Few, The Smooth, The Radiant.

A program of Customized Treatments to correct most skin concerns within 6-12 weeks.

Purchase each as a series of 5 and receive the 6th for free.

Signature Fitness Facial w/Green Tea Peel

Series Price: \$725

Total Skin Fitness Body w/Advanced Anti-Aging Peel

Series Price: \$1,150



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Couples

Couples Journey

Couple –

“Two of the same considered together.”

Journey –

“A passage or progress from one place to another.”

Take a journey, a passage for two, away from the stresses of the everyday to the peace and tranquility found within the warmth of The Spa of Essex. Performed in our couple's room, the journey has been designed for two to enjoy as one.

Begin your journey with an Aromatherapy Oil Body Wrap, a sedating wrap that leaves the skin deeply hydrated and the body and mind blissfully calmed followed by our relaxing 60 Minute Swedish massage. Then move, ever so slowly, to our nail room and enjoy pedicures side by side...little by little you'll begin to awake from your slumber, pampered and soothed from head to foot. Conclude your passage with a stay in our relaxation room; with chaise lounges big enough for two, we invite you to curl up, connect and unite with that special someone. **\$480 per couple**

Couples Pedicure

\$90

Carve out some time for each other. Seated side by side in our Pedicure throne, you will share in the experience of our Classic Pedicure while enjoying each others company.

Couples Massage

Experience the benefits of a Swedish or Deep Tissue Massage while sharing the experience with a friend or loved one in our exclusive couples room.

Swedish Massage

60 Minutes / **\$180 per couple**

70 Minutes / **\$200 per couple**

90 Minutes / **\$240 per couple**

Deep Tissue Massage

60 Minutes / **\$230 per couple**

70 Minutes / **\$250 per couple**

90 Minutes / **\$300 per couple**

Swedish/Deep Tissue (one of each type)

60 Minutes / **\$205 per couple**

70 Minutes / **\$225 per couple**

90 Minutes / **\$270 per couple**

Couples Herbology Retexturizing

Body Treatment

Smooth, sooth, soften and retexturize your skin together with this dry room body treatment. Warm citrus fruit oil is gently massaged over your body, plant extracts containing natural alpha hydroxy acids are then sprinkled onto the skin, a light mist will hydrate the skin and aid in absorption of essential oils & herbs...While cocooned, you will be lavished with our ultimate foot and scalp massage.

\$230 per couple

Couples Aromatherapy Oil Wrap

Relax, calm and balance your system side by side with this sedating body wrap. A thorough exfoliation is followed by a light massage with our warm custom blended aromatherapy oils. You'll continue to drift away with a calming head and foot massage while enveloped in a heated blanket. The essential oils will leave your skin luxuriously soft. By far, one of the most relaxing body treatments we offer.

\$210 per couple



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Featured Products



It's here! Sonya Dakar introduces NutraSphere...The New Anti-Aging Collection. The entire collection is Vegan, Paraben Free, Preservative Free, Fragrance Free, Cruelty Free and contains 98% natural and organic ingredients.

- Stem Cell Transformer - Ultra rich age-control cream
- Nano Hydrator - Lightweight, age-control daily moisturizer
- Eye Need - Multi-tasking age control eye therapy
- Eyeposition - Daily eye treatment for reduction of puffiness and dark circles
- Buriti Purifying Cleanser - 100% Natural oil facial cleanser
- NutraSphere® Nano Mask - Anti aging treatment mask
- Flash Facial - 1 minute exfoliating gel
- Nano Peel - Professional home facial peel. With lactic and phytic acid.